



HERA

LUNCH MENU

13.90 per person
Monday - Friday
11am-3:30pm

*The HERA express lunch menu.
A two course meal.*

FIRST COURSE

For the table

MIXED LEAF SALAD **VE**

Mixed leaves salad with tomato, onions
peppers, cucumber and balsamic dressing

SECOND COURSE

HERB-FED CHICKEN

Boneless, grilled baby chicken, served
with rice

SALMON PITTA

Poached salmon, pitta bread,
capers, lemon, red onion, mascarpone
cheese, lettuce with chips

BEEF MEATBALLS

Beef meatballs with tzatziki, lettuce, red
onion, tomato, pitta bread and chips

GRILLED VEGETABLE PITTA **V**

Grilled Vegetable pitta bread with
hummus, halloumi and chips

BOLOGNESE

Spaghetti with beef ragu bolognese
sauce

PASTA WITH PESTO

Penne pasta with basil pesto, cream and
parmesan cheese

CHICKEN PASTA

Penne with chicken, garlic, onions,
mushroom and creamy sauce

SPINACH ORZO **V**

Traditional Greek orzo pasta with
spinach, Greek lemon, shallots, garlic
and a touch of wild Greek oregano

OREGANO BEEF PATTIES

Grilled beef patties - a unique Greek
recipe. Served with chips.

CHICKEN SOUVLAKI

Grilled chicken with pitta bread,
onions, lettuce, tzatziki and chips

ORZO SALAD **V**

Orzo with cherry tomatoes, chickpeas,
olives, feta, red onion and Greek salad
dressing

COD

Cod with cherry tomatoes, mussels and
lemon sauce